Department of Developmental Services (DDS) Consumer Advisory Committee (CAC)

Meeting Minutes February 8-9, 2011

Members Attended Others Attending

Sam Durbin
Eugenia Jones
Condert Taylor
Cindy White
Michelle Gordon
Krisi Franzone
Pattie Simpkins
Sue Ann Hankensiefken
Joseph Flanagan
Lisa Krueger
Tracey Mensch
Eduardo A. Zapata
Condered
C

David Oster

Marcia Dinkelspiel

Member Absent

Tommy Michaels

Tom Sardo
Colleen Deck
Nicole Patterson
Kathleen Ozeroff
Heather McDavid
Mark Starford
Tammy Evrard
Timothy Schmitz
Jesse Padilla

Darcy Jean Foddrill

David Miklas
Christine Hager
Rosa Zapata
Edward White
Orbelin Bautista
Andy Mudryk
Thomas Hamlett
Julia Mullen
Lois Cissell

Victoria King

February 8, 2011

1. CALL TO ORDER



Sam Durbin, Chairperson, called the meeting to order at 9:07 am.



- a. Everyone introduced themselves.
- b. General announcements were made.



2. REVIEW OF THE DAY'S AGENDA

Mark Starford and the CAC went over the agenda for the day.



3. CONVENTION ON THE RIGHTS OF PERSONS WITH DISABILIES (CRPD/ TREATY)

Andy Mudryk, Deputy Director, Disability Rights California and Mark gave a more detailed overview of the CRPD.

 Purpose - find out what countries have to do to make sure people with disabilities have equal rights.

Basic ideas:

- ✓ People are free to make their own choices.
- ✓ No one will be discriminated against.
- People with disabilities have the same rights to be included in society as people without disabilities.
- ✓ People with disabilities, including children, should be respected for who they are.
- Everyone should have equal opportunities.

✓ Habilitation and rehabilitation services

· Basic Rights-

- ✓ To control money
- ✓ To privacy
- ✓ To accessible places and communication
- To live independently in the community
- ✓ To marry and have children
- ✓ To education
- √ To healthcare
- ✓ To vote

This would help countries-

- Make laws to give people with disabilities their rights
- Change bad laws
- ✓ Make things accessible
- ✓ Use technology
- Combat stereotypes and prejudice
- ✓ Promote abilities

Advocating for the Treaty-

- ✓ "Live the Treaty" in your life
- Promote the treaty in your community
- Tell your elected officials about the treaty



4. CRPD DISCUSSION

The CAC went over some of the articles that are in the Convention on the Rights of Persons with Disabilities.

- Article 7- Children with disabilities treated equally
- Article 9- Accessibility
- Article 11-Emergencies
- Article 12- Being treated equally by the law
- Article 19- Independent living/being a part of the community
- Article 27- Work

The CAC also started thinking about the rights they have now and what is important to them.



5. PROPOSED BUDGET AND CHANGES

Julia Mullen, DDS, came to talk to the CAC about Governor Jerry Brown's proposed 2011-12 Budget. California needs to save \$25 billion dollars. She talked about the parts of the budget that are important for people with developmental disabilities to know:

Department of Developmental Services (DDS)

- DDS serves more than 246,000 persons with developmental disabilities.
- The Budget includes \$4.5 billion (state and federal money) for these services.
- Services are provided through 21 regional centers and some people live in four state-operated developmental centers and one state-operated community facility.
- Last year, DDS saved about \$334 million in state money.
- This year, DDS will save about \$200 million by changing, cutting or stopping some services, limiting who can get some services and getting more federal money. People who provide services also still get paid less money for their services.
- Next year, the Legislature asks DDS to cut \$750 million in state money by getting more federal money, cutting costs and putting in more rules over what services can be purchased.
 - ✓ Community Services Program (includes regional center services)

- ➤ The Budget for next year plans that regional center will serve about 251,702 consumers with \$3.8 billion, state and federal money.
- Money will be included in regional center budgets to help with cuts being made to SSI/SSP and Medi-Cal.

✓ Developmental Centers

- ➤ The Budget for next year plans that about 1,783 people will live in state developmental centers for \$618.1 million, state and federal money.
- ➤ Less people will work at some developmental centers because fewer consumers will be living there.
- Some money will be used to fix things at the centers to make it safe for people to live there.
- DDS will keep working on closing Lanterman Developmental Center.

DEPARTMENT OF REHABILITATION

Vocational Rehabilitation

✓ The Budget includes \$395.3 million, state and federal money, to help people with disabilities get training and jobs.

Independent Living Services

✓ The Budget includes \$20.7 million for independent living centers.

DEPARTMENT OF SOCIAL SERVICES

 Supplemental Security Income/State Supplementary Payment (SSI/SSP) ✓ The budget would cut SSI/SSP checks by \$15 per month (from \$845 to \$830), beginning June 1, 2011. DDS' budget includes some money to help with this cut.

• In-Home Supportive Services (IHSS)

- √ The Budget would cut the number of IHSS hours by
 12%.
- ✓ The Budget would take away help for things like housework, shopping for food, meal preparation and cleanup, and laundry for people living with their IHSS support person.
- ✓ People living in any shared living would not be able to get help for things like housework, shopping for food, meal preparation and cleanup, and laundry that could be done by other people living in the same place.
- ✓ Children, who are living with their parent(s), would not get help for things like housework, shopping for food, meal preparation and cleanup, and laundry as the parent(s) should do those things.
- ✓ People could only get IHSS if a doctor said they had
 to have it to stay in their own home.

DEPARTMENT OF MENTAL HEALTH

Community Services

√ The Budget includes \$4.5 billion, state and federal money, for mental health services in the community.

Long-Term Care Services

✓ The Budget includes \$1.2 billion, state money, for state hospitals for people with mental disabilities. About 6,324 will live in the state hospitals.

DEPARTMENT OF HEALTH CARE SERVICES (DHCS)

Medi-Cal

- ✓ Limit the amount of money for hearing aids to \$1,510; durable medical equipment to \$1,604; incontinence supplies to \$1,659; urological supplies to \$6,435; and wound care to \$391 per year.
- ✓ Limit the number of prescriptions for medicine (except life-saving drugs) to six per month.
- ✓ Limit the number of doctor visits to ten per year.
- ✓ Require people to pay co-payments of \$5 for doctor, clinic, dental, and pharmacy services; \$50 for emergency room services; and \$100/day and \$200 maximum for stays in the hospital.
- ✓ End Adult Day Health Care services, about 27,000 people would lose their services.
- ✓ Provide no money for over-the-counter cough and cold medications and nutritional supplements.
- ✓ Cut payments to doctors, pharmacies, clinics, medical transportation, home health, Adult Day Health Care, certain hospitals, and nursing facilities by 10%.

Governor Jerry Brown is trying to keep from cutting more money for important things done by the government and keep to important services, including schools for kids.

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6. LIVING THE TREATY

After the budget talk, the CAC talked more about how important CRPD is and why it needs to be passed:

- so that people can continue to protect the rights and services we have now
- so that people with disabilities can get what they need to move forward in their lives.



7. ADVOCATE WITH ELECTED OFFICIALS

The CAC talked about the importance of connecting with our elected officials:

- Having a voice is sharing ideas and experiences
- Be a part of change in your community
- Making a difference in peoples lives

The CAC talked about the importance of thinking about the issues you want to share by preparing something to say ahead of time. Mark talked about the publication "Advocate with Elected Officials," made by State Council on Developmental Disabilities Area Board 9. He encourages the CAC to use this tool when planning to speak with their elected officials.

Lois Cissell talked about the legislative binder we are preparing for each member and gave the CAC members copies of what has been done so far. The binders will list the public officials and contact information of government on all levels for each member.

The CAC decided to take some time to work on letters or e-mail to their US Senators about Convention on the Rights of Persons with Disabilities.



8. CAC MEMBERS' CHECK-IN SESSION

Members met with Katheen Ozeroff.

9. FACILITATORS' CHECK-IN SESSION

Tammy Evrard and Mark met with the facilitators.



The meeting adjourned for the day at 5:00 p.m.

February 9, 2011



1. CALL TO ORDER

Sam, Chairperson, called the meeting to order at 8:36 a.m.

General announcements were made.



- b. The agenda was reviewed and no changes were made. It was moved (Pattie Simpkins), seconded (Michelle Gordon), and carried to approve the agenda with no changes.
- c. The minutes of the November 2010, CAC meeting were reviewed. It was moved (Sue Ann Hankensiefken), seconded (Pattie Simpkins), and carried to approve the minutes with no changes.



2. **NOMINATING COMMITTIEE REPORT**

The Nominating Committee Report was presented by Sam Durbin. The committee recommended a slate for officers as Robert Taylor, Chairperson and Michelle Gordon, Vice Chairperson. It was moved (Sue Ann Hankensiefken), seconded (Tracey Mensch), and carried to accept the report as given.



3. **ELECTION OF OFFICERS**

 The election was held for Chairperson and Vice-Chairperson.

The CAC elected Cindy White as Chairperson and Robert Taylor as Vice-Chairperson



4. CAC VISION FOR 2011

The CAC made a list of topics they want to focus on for the year of 2011. After making the list and talking about it. The CAC decided to vote, and the top four would be their focus for the year. The top four important issues are:

- Employment
- Convention on the Rights of Persons with Disabilities
- Housing
- State Budget



5. OLMSTEAD ADVISORY COMMITTEE REPORT (OAC)

Robert Taylor gave his report to the CAC on the OAC meeting, which took place on November 18, 2010:

- a. The committee members had a discussion about Olmstead-related achievements and some of the topics the committee wanted to work on, but ran out of time during this Administration.
- b. Home and Community-Based Services (HCBS)
 Opportunities Under Health Care Reform
 In addition to major tasks of improving access to
 healthcare for individuals with pre-existing conditions,
 establishing a health insurance exchange, meeting the

requirements insurance rules and regulations, and implementing wellness and prevention initiatives, the Patient Protection and Affordable Care Act (PPACA) includes several initiatives for long-term care services and supports.

c. 1115 Waiver as a Bridge to Reform

Implementation on the 1115 Waiver as a bridge to comprehensive reform. Approved by CMS on November 2, 2010, changes under the waiver involve expanding coverage today for those who will become "newly eligible" in 2014 under health care reform

d. Priorities of the Olmstead Advisory Committee:

The Members took some time to identify priority recommendations to the Brown Administration as part of a transition report of the Olmstead Advisory Committee.



6. **INTERVIEWING SKILLS**

Victoria King, DDS, came to follow-up with the CAC to see how everyone was feeling after having their mock interviews. The CAC had a discussion with Victoria on how to better sell themselves during an interview.

7. CAC MEMBERS' REPORTS

The following members gave reports on what they have been doing on behalf of the committee and their People First and/or local self-advocacy groups: Pattie, Krisi, Lisa, Michelle, Sue Ann, David Oster, Marcia Dinkelspiel, Joseph Flanagan, Cindy, and Tracey.



8. COORDINATOR OF CONSUMER SERVICES REPORT

Nicole gave a report on what she has been doing for the past few months:

She might be working on a Choices project with the Lanterman DC closure. They are still in planning stages of the project.

9. COMMUNITY ASSIGNMENTS



CAC members were asked to work on the following:

1. Leadership DVD and Guide

- a. Do one presentation in your area on the Leadership DVD and Guides.
- Start taking some of the next steps for your mission and goals that you set for yourself during the Leadership project.



2. Community Network

- a. Keep trying to make a connection with someone from your local Office of Emergency Services to see how you can help your community become prepared to help people with disabilities in an emergency.
- b. Make your first connection with your local Senator and tell them how important the CRPD treaty is for people with disabilities.



3. CAC Vision for 2011

Think about the four topics (the treaty, housing, employment, and the budget) the CAC selected to

focus on this year and tell us the direction you would like to take with each topic.



Cindy White, Chairperson, adjourned the meeting at 3:00 p.m.